

Northern Cambria Elementary - Middle School May / June Breakfast Menu

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Breakfast Pizza or Assorted Whole Grain Cereal with Toast Chilled Juice & Fruit Low Fat Milk	2 Sausage Egg & Cheese On a Croissant or Assorted Whole Grain Cereal with Toast Chilled Juice & Fruit Low Fat Milk	3 French Toast & Sausage w/ Syrup or Assorted Whole Grain Cereal with Toast Chilled Juice & Fruit Low Fat Milk	4 Sausage Egg & Cheese On a Croissant or Assorted Whole Grain Cereal with Toast Chilled Juice & Fruit Low Fat Milk	5 Breakfast Pizza or Assorted Whole Grain Cereal with Toast Chilled Juice & Fruit Low Fat Milk
8 Breakfast Pizza or Assorted Whole Grain Cereal with Toast Chilled Juice & Fruit Low Fat Milk	9 Ham Egg & Cheese On a Croissant or Assorted Whole Grain Cereal with Toast Chilled Juice & Fruit Low Fat Milk	10 French Toast & Sausage w/ Syrup or Assorted Whole Grain Cereal with Toast Chilled Juice & Fruit Low Fat Milk	11 Ham Egg & Cheese On a Croissant or Assorted Whole Grain Cereal with Toast Chilled Juice & Fruit Low Fat Milk	12 Breakfast Pizza or Assorted Whole Grain Cereal with Toast Chilled Juice & Fruit Low Fat Milk
15 Breakfast Pizza or Assorted Whole Grain Cereal with Toast Chilled Juice & Fruit Low Fat Milk	16 Sausage Egg & Cheese On a Croissant or Assorted Whole Grain Cereal with Toast Chilled Juice & Fruit Low Fat Milk	17 French Toast & Sausage w/ Syrup or Assorted Whole Grain Cereal with Toast Chilled Juice & Fruit Low Fat Milk	18 Sausage Egg & Cheese On a Croissant or Assorted Whole Grain Cereal with Toast Chilled Juice & Fruit Low Fat Milk	19 Breakfast Pizza or Assorted Whole Grain Cereal with Toast Chilled Juice & Fruit Low Fat Milk
22 Breakfast Pizza or Assorted Whole Grain Cereal with Toast Chilled Juice & Fruit Low Fat Milk	23 Ham Egg & Cheese On a Croissant or Assorted Whole Grain Cereal with Toast Chilled Juice & Fruit Low Fat Milk	24 French Toast & Sausage w/ Syrup or Assorted Whole Grain Cereal with Toast Chilled Juice & Fruit Low Fat Milk	25 Ham Egg & Cheese On a Croissant or Assorted Whole Grain Cereal with Toast Chilled Juice & Fruit Low Fat Milk	26 Breakfast Pizza or Assorted Whole Grain Cereal with Toast Chilled Juice & Fruit Low Fat Milk
29 NO SCHOOL	30 Ham Egg & Cheese On a Croissant or Assorted Whole Grain Cereal with Toast Chilled Juice & Fruit Low Fat Milk	31 French Toast & Sausage w/ Syrup or Assorted Whole Grain Cereal with Toast Chilled Juice & Fruit Low Fat Milk	1 Ham Egg & Cheese On a Croissant or Assorted Whole Grain Cereal with Toast Chilled Juice & Fruit Low Fat Milk	2 LAST DAY OF SCHOOL

What Makes a Breakfast Meal?

You must choose at least 3 of 4 components available for the school breakfast price.

Entrée, 1 Cup Fruit, and 1/2 Pint Milk

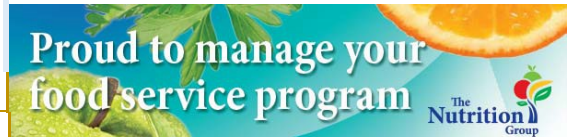
Alternate Options May Include:

Banana or Blueberry Muffins
Chocolate Chip Oatmeal Breakfast Bar
Warm Grab & Go Breakfast Sandwiches
Fortified Breakfast Pastries
Warm Bagels
Yogurt & Toast

Variety of Fresh Fruit, 100% Fruit Juice and Canned Fruits available daily.



Milk Choices Offered Daily
Fat Free Chocolate, Fat Free Strawberry,
Fat Free White and Low Fat White



MENUS SUBJECT TO CHANGE

Meal Prices:
Paid \$1.35
Reduced \$.30
Adult \$2.10

The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE